

Volunteer News...

www.visn2.va.gov

Recognizing the Efforts of VA Volunteers in Upstate New York

Surprising Perks of Volunteering at VA

See Page 10



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Web Site

www.visn2.va.gov/vet/volunteer.asp

The VAVS newsletter has been created for all volunteers and potential volunteers of VA Health Care Upstate New York. This publication is meant to showcase the wonderful work our volunteers contribute to VA. Produced by VISN 2 Public Affairs. Printed by Veterans in the Therapeutic Printing Program, Bath VAMC.

We Want to Hear from You!

If you have any comments, questions, story ideas, etc. contact:
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Meet Ms. Joanne Krumberger, Interim Network Director



I am honored to be serving Veterans, Staff, and Volunteers as the Interim Network Director in VA Health Care Upstate New York (VISN 2). I have been so impressed with the high quality of care and services provided to Veterans in upstate New York, but also for all of our staff's dedication to personalized proactive patient-centered care. All of you, our Volunteers, are such a critical part of our team and we owe you a debt of gratitude for everything you do for us.

I was so pleased to read the wonderful stories about the activities you and your organizations provided to our Veteran patients during the holiday season as shown in this newsletter. Thank you so much for your donations; they will be used to personalize and enhance care to Veterans.

For our center spread in this issue we are spotlighting volunteerism and the wonderful experiences that come with volunteering. Please pass this information on to others who may be interested in volunteering. We are always looking to receive more Volunteers like you!

Thank you again for your dedication to our VA Mission. You truly exemplify our VA core values of Integrity, Commitment, Advocacy, Respect, and Excellence (ICARE).

Sincerely,

Joanne M. Krumberger
Interim Network Director

**You can now make a
donation online to the
Veteran program
of your choice**

Click E-donate at
www.visn2.va.gov

Front cover photo

Albany Stratton VA Medical Center Volunteers **Freddy Ingleton**, **Albert Congemi**, **Kenyatta Ingram**, and **Kimberly Fortier** learn group dynamics and team work by volunteering together.

► Albany Highlights



Cross Country Runner Jamie Summerlin Visits Veterans



Gulf War era Veteran and United States Marine **Jamie Summerlin** (second from right), along with the **Schenectady Military Affairs Council**, and the **109th Airlift Wing**, recently visited with Veterans.

Knights of Columbus Continue to Support Veterans



The **Knights of Columbus, Saratoga Assembly 0745** and **Council 246** raised more than \$18,000 to help Veterans at the annual Stratton VA Medical Center dinner and auction. **Thomas Boehlert**, Fourth-Degree Veterans Chairman (right), and **Joseph Powers**, Faithful Navigator (left), presented the check to **Linda W. Weiss**, Director Albany Stratton VA Medical Center.

American Legion Donation



The **Queensbury American Legion Post 1797** donated \$1600 to support Veterans during the holidays. Pictured left to right: **Jim Keller**, VA Voluntary Services; **Leon Spath**, Adjutant; **Jack Lord**, Past Commander; and **Mike VanValkenburgh**, Past Vice Commander.

Volunteer Opportunities

- Clothing room
- Companionship program
- Disabled American Veteran (DAV) van drivers
- Lab courier
- Lobby greeters
- No Veteran Dies Alone - Hospice
- Kiosk
- Patient safety corps
- Wheelchair escorts

Please contact Voluntary Service at (518) 626-5507 for more information.

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Bowlers to Veterans Link (BVL) Supports Vets



Kathleen Leitgeb, Executive Director of the **New York State Bowling Proprietors Association**, presented **Jim Keller** of Voluntary Service with a check for \$5621.50, which will be equally divided across upstate New York medical centers to support bowling programs for Veterans.

Wish List

- Cans of regular coffee, creamer, and sugar
- Crossword puzzle books (large print)
- Gift cards from Walmart, Price Chopper or ShopRite
- Pens
- Shower shoes
- Sweatpants and sweatshirts (all sizes)
- T-shirts and underwear (all sizes)
- Toiletries (full size)

Please contact **Jim Keller** at (518) 626-5506 for more information.

Voluntary Service Keys “Turned Over” to New Specialist



Mr. **Jim Shulfer** (left) has accepted a well-deserved promotion and transfer to VA's Wilmington, North Carolina Health Care Center (HCC), where he will be responsible for the startup and management of the Voluntary Service Program.

We are pleased to announce that Ms. **Noney Grier** (right) has been selected to join the Albany Stratton VA Medical Center VA Voluntary Service team as our new volunteer specialist. Noney, a U.S. Navy Veteran, has been with the Albany VA since March 2012 where she worked in Behavioral Health as a vocational rehabilitation specialist helping homeless Veterans obtain and maintain competitive employment. Welcome aboard Noney!

Calendar

February 9 - 15

National Salute to Veteran Patients Week

Hospital Wide

(Please contact **Jim Keller** at (518) 626-5506 to volunteer)

Sunday, February 23

Four Chaplains Brotherhood Award Presentation

2:30 p.m., 11th Floor Chapel

Friday, March 21

Vietnam Veterans Welcome Home Event

12:00 p.m., 3rd Floor Auditorium (All Vietnam Veterans Welcome)

Tuesday, March 25

VA Voluntary Service Committee Meeting

1:00 p.m., 3rd Floor Auditorium

Tuesday, April 9

Former POW Remembrance Luncheon

Wilson Lounge (Former Prisoners of War and Their Families)

Saturday, April 12

Annual Volunteer Recognition Event

(Open to all Stratton VA and Saratoga Cemetery Volunteers)

Location and Details TBA

► Bath Highlights



Veteran Donation



William Crane, with the **Sons of the American Legion** (left), presented a \$500 check for Veterans to **Ken Piazza**, Associate Director Bath VA Medical Center (right).

Carnival Day



Each year the **Benevolent and Protective Order of the Elks** sponsor a carnival day for the Domiciliary and Community Living Center to provide food and fun for over 300 Veterans. Pictured is the **NY State Elks Association** with **Ken Piazza**, Associate Director Bath VA Medical Center .

Volunteer Opportunities

- Clerical support
- Friendly visitor volunteers
- Patient escorts
- Physical Therapy assistance
- Recreational aide
- Special event volunteers
- Volunteer transportation drivers

Wish List

- Baby shampoo
- Body wash
- Coffee
- Creamer/sugar packets
- Denture adhesive
- Denture cleanser
- Deodorant
- Gift cards for fast food or Walmart (\$5.00-\$10.00)
- Plain colored fleece blankets (52 x 96)
- Lotion
- New stamps

*The Homeless Veterans program and Jump Start program needs cleaning supplies, new toasters, new coffee makers, dishes, silverware, and pots/pans (can be gently used).

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► Bath Highlights



Red Cross Santa Visit



Pictured left to right (standing): **Linda Conway**, **David Parish**, **Ruth Walters**, and Executive Director **Joel Robinson** (bottom center).

Spreading Holiday Cheer



Phil Barnes, President of the Board of Directors of **Sullivan Trail Red Cross**, dressed up as Santa to spread holiday cheer. Veteran **Richard Gilbert**, visits with Santa and his elf **Gail O'Neil** (right).

Calendar

Saturday, February 8

Benevolent and Protective Order of the Elks
Sponsored Luncheon in Hornell, NY

Friday, February 14

Valentine's Day and Pat Kane Concert

February 10 - 15

National Salute to Veteran Patients Week

Friday, February 21

Elmira Jackels Hockey Game
sponsored by the Benevolent and
Protective Order of the Elks

Saturday, March 15

Marine Corps League Bingo
1:30 p.m.

Sunday, March 16

American Legion Luncheon
at Elmira Heights

Monday, March 17

St. Patrick's Day Party

Friday, May 2

Volunteer Recognition Dinner

Bring Your Kids to Work Day



Michael Swartz, Director Bath VA Medical Center with a group of volunteers on Bring Your Kids to Work Day.

► Canandaigua Highlights



Wish List

- Coffee, creamer, sugar, sugar substitute
- Deodorant, shampoo, shaving cream, body lotion
- Forever postage stamps
- Men's gloves
- Monetary donations for wood shop
- Monetary donations needed to support the Recreation Therapy Canine program
- Nail clippers
- New socks and underwear, sweatshirts, sweatpants and t-shirts
- Non-perishable foods and baking items
- Paper plates and napkins
- Prepaid gas cards and gift cards for Walmart/Wegmans/Tops/iTunes
- Tickets to the zoo, sporting events, bowling, movies, and other outlets

For Homeless Program:

- Alarm clocks
- Brooms
- Kitchen items (dishes/utensils)
- Mops
- New air mattresses
- New blankets & pillows
- New vacuum cleaners
- Toilet paper and cleaning supplies

Monetary donations are always welcome. If you or your organization wish to make a donation to the program of your choice, please specify that you are in agreement that food and beverages may be purchased for our Veterans. This is in compliance with the new rules and regulations associated with the purchase of food.

If you are bringing in a large donation, please call first to be sure we can accommodate.

Contact Voluntary Service for more information



A heart felt thank you to the **St. Peters Parish** for their donation of a van full of assorted blankets, pillows and other items to be used for the Canandaigua VA Homeless Program.



Members from the **Order of the Eastern Star** donated new t-shirts for residents of the Canandaigua VA Medical Center.

Volunteer Opportunities

All volunteers must complete an orientation prior to volunteering. Orientations are held in Voluntary Service. Please call Utaw to schedule an appointment at 585-393-7757. Thank you for considering volunteering with the Canandaigua VA Medical Center!

Canandaigua VA/Rochester VA Outpatient Clinic

- Activities - various recreation activities, socialization, games, cleanup, and wheelchair escorts. Evenings, weekends
- Clerical assistant - filing, organizing, answering the phone. Days and hours flexible
- Hospice Care - as needed; prefer Hospice-trained volunteers, but all applicants considered
- Transportation - driving a government vehicle to transport ambulatory Veterans to and from medical appointments. Various locations and times available
- Grounds crew volunteer - assist in planting, clearing, and beautifying the campus
- Laundry volunteer - assist by folding, sorting, and moving clothing. Weekdays 7:00 a.m. - 5:30 p.m., three or more hour shifts
- Library - mail, fax, send out articles, shelve books, make pickups to the mailroom, cleaning, convert tapes to DVD, and cover desk in librarian's absence, etc.
- Loving Spoonful volunteer - evening & weekend meal time, assist nursing & nutrition staff - training required (we provide)
- My HealthVet - distribute and assist Veterans interested in enrolling
- Wheelchair escorts - for activities and church services at various times

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► Canandaigua Highlights



Top row pictured left to right: **Earl Gorton, Rob Heiler, Jim Lechner, Bob Knapp, Paul Schmitt, Holly Graff, Tilly Johnston, Janet Buchanan.** Bottom row pictured left to right: **Pat Bencus, Bob Rugaber, Deanna Fagan, Pat Mook.**

On September 7, volunteers from the Canandaigua VA Medical Center along with Recreation Therapists **Deanna Fagan** and **Rob Heiler** attended the 22nd Golden Olympics held at the Palmyra Fairgrounds, NY. Fifteen Veterans from the medical center participated in the event.



Top pictured left to right: **Mike Jablonsky, Joel Smith, Ken Gippe, Jerry Gropp.** Bottom – **Deanna Fagan** (VA Recreation Therapist)

Members from the **Perinton Veterans of Foreign Wars Post 8495** donated and presented two benches to the Canandaigua VA Medical Center. The donation took place during the Annual Arden's Pizza Picnic that was held for the residents of Gladwin Hall Community Living Center.



The Canandaigua VA Medical Center received a new Disabled American Veterans (DAV) van in honor of Veterans and DAV Drivers **Jim McDermott, George Richeson** and **Robert Hackrott.**



On September 17, the **New York State Disabled American Veterans (DAV)** Commander **Sam Mantilla**, (third from the left), and a group of DAV members toured the Rochester VA Outpatient Clinic and the Canandaigua VA Medical Center.



Jeanne Richeson presented **Disabled American Veterans (DAV)** Transportation Coordinator **Nick Conrad** with a \$2,000 donation to be used for the DAV Transportation Program. The donation was made in memory of her husband DAV driver and Veteran **George Richeson.**

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► Canandaigua Highlights



Staff members of the Rochester VA Outpatient Clinic honored **Harry Boeff** for his 4,000 hours of dedicated volunteer service. Mr. Boeff was also presented the President's Volunteer Service Award for his "devotion to service and for doing all you can to shape a better tomorrow for our great Nation."



Renata Sierzega presented **Utaw Vines** a washer and dryer for the women Veterans laundry services in Building 9. Donations were received from **Florence Nightingale, American Legion Post 709, American Legion Post 256, American Legion Auxiliary Unit 256, Genesee Valley Chapter of Military Officers Association of America** and the **Genesee Valley Chapter Spouses Club**.

Calendar

**Second Monday of each month
(January-December)**

Bee Keepers Association Meeting Month
7:00 p.m.

**Third Monday of each month
(January-December)**

Canandaigua Lake Trout Unlimited Meeting
7:30 p.m.

**Fourth Tuesday of each month
(January-May)**

(September-November)
Project Healing Waters Clinic
7:00 p.m.

Fourth Wednesday of each month
R/C Model Flying Club

6:00 p.m.

Week of February 9 - 15

National Salute to Veteran Patients Week

Wednesday, February 12

**VA Voluntary Service/
Community Council Meeting**

1:00 p.m., American Legion Post #256
Canandaigua

Thursday, February 20

Food Safety Training - RSVP by Thursday,

February 13 to (585) 393-7729

6:00 p.m., Pavilion

***Wednesday, March 5**

Creative Arts Show

10:00 a.m. to 1:00 p.m.

***Sunday, March 9**

Bingo

12:00 p.m.

Wednesday, March 12

Blood Drive

10:00 a.m. - 2:30 p.m.

***Sunday, April 6**

Bingo

12:00 p.m.

April 6 - 12

National Volunteer Week

Refreshments served daily in Volunteer
Lounge Building 7, Rochester VA

Outpatient Clinic & VA at Clinton Crossings

Wednesday, April 9

Annual Volunteer Awards Banquet

11:30 a.m., Burgundy Basin Inn

April 23 - 25

VA Voluntary Service National Meeting

Raleigh-Durham, NC

*Catholic Mass is held Monday, Tuesday,
and Friday in the Catholic Chapel in
Bldg. 3 at 11:00 a.m. Sunday Catholic
Mass Service in Building 8B at 6:30 p.m.

*Protestant Services are held Sundays
starting at 8:45 a.m. – 11:30 a.m.

Please contact Chaplain Service at
(585) 393-7886 for more information.

*Escorts Needed

*Escorts are needed 45 minutes prior to
events to take Veterans to the auditorium
and/or pavilion. Without your assistance,
many of the Veterans may not be able to
participate*

VA Volunteering and

Volunteering at VA makes a positive difference in the lives of Veterans and the Veteran community, but did you know that it has many other perks that come along with it too?

One of the best ways to be happy is to make someone else happy!

If you are interested in becoming a volunteer please contact us. Volunteer opportunities are available for individuals, groups, families, businesses, and organizations. Whether you're interested in bringing your pet in for the Pet Therapy Program, becoming a Disabled American Veteran driver, visiting with Veterans, or providing clerical support - VA has a volunteer opportunity for you!

Thank you volunteers!

Benefits of Volunteering

- ✓ A Boost in Happiness
- ✓ Meeting Lifelong Friends
- ✓ Enhance Your Résumé
- ✓ Opening Up to Other People and Cultures
- ✓ Free Flu Vaccine and TB Testing
- ✓ Special Considerations (such as reserved parking)
- ✓ Annual Volunteer Recognition Event
- ✓ Fulfill High School Community Service Hours
- ✓ Youth Awards
- ✓ Free Meal
(four or more hours of volunteering)
- ✓ Coffee & Cookie Socials
- ✓ VA Museum Visits
- ✓ Library Use
- ✓ Training Opportunities



Call us for Volunteer Opportunities

Albany	(518) 626-5507
Bath	(607) 664-4965
Canandaigua	(585) 393-7729
Syracuse	(315) 425-4681
Western New York (Buffalo and Batavia)	(716) 862-8667

its Surprising Perks

Volunteerism in Action



Canandaigua VA Medical Center volunteers receive a free meal for working four or more hours.



Donna and Norm Davie attended the Volunteer Recognition Ceremony held October 25, 2013 at the Syracuse VA Medical Center. The theme was "Volunteers Rise to the Occasion."



Syracuse volunteers attend a recognition event.



Midlakes High School students wrapped holiday gifts for Veterans at the Canandaigua VA Medical Center.



On November 24 and 25, members of the **American Legion Auxiliary** and **Craig Howard**, Director Canandaigua VA Medical Center, take part in the annual Holiday Gift Shop for residents of the Canandaigua VA as well as for outpatient Veterans who participated in structured programs.



Disabled American Veterans



Disabled American Veterans (DAV) Department of NY visited the Syracuse VA Medical Center on November 5, 2013. DAV State Commander **Samuel Mantilla** and DAV Auxiliary Commander **Nancy Rivera** toured the Syracuse VA Medical Center and left duly impressed with the services provided to Veterans. Thanks to our partnership with the DAV and other service organizations we continue to strive for excellent care for Veterans in Upstate NY!

American Legion Gift Shop 2013



Each year, the **American Legion Auxiliary**, in conjunction with the **American Legion and Sons of the American Legion**, raise money and bring Christmas shopping to Veterans at the Syracuse VA Medical Center. Veterans are able to pick out items to be sent home to their families and loved ones. The gifts are wrapped, packaged, and mailed all free of charge. Thank you **American Legion Auxiliary** for making the holiday much brighter for hospitalized Veterans and their families!

Wish List

- Denture adhesive
- Gift cards to local restaurants
- Recruitment for volunteers for the In-Home Respite program (including Syracuse VA, Rome, and Binghamton Community Based Outpatient Clinics (CBOCs))
- Sweatpants and sweatshirts (all sizes)

National Caregiver Recognition Event

The Together We C.A.R. E. (Caregiver Appreciation and Recognition Event) event was held at **American Legion Post 787** on November 14, 2013 and brought together Syracuse VA Medical Center, **Onondaga County Department of Aging and Youth**, and the **Silver Fox Senior Social Club**.

A big thank you to **Linda Jackson** and **Sandy Crain** from **American Legion Auxiliary** for being a tremendous help with setting up, cutting and arranging food, and making coffee! Also thank you to **Carol Walter** from the **Veteran Foreign Wars Ladies Auxiliary** for donating and putting together gift bags for the caregivers to bring home.

Veteran and Family Health Fair



The first annual Veteran and Family Health Fair was held at the Syracuse VA Medical Center on October 17, 2013 to educate Veterans and their families on good health and well-being.

Marsha Connor (pictured right), a **Gold Star Mother** volunteer, donated gift bags to give to Veterans and their families.



The **Brockport Elks Lodge 2110** received the Bronze Sponsorship Award, an award recognizing support for the 2013 National Veterans Golden Age Games. **Brockport Elks Lodge 2110** also presented a \$500 check to Assistant Director, **Royce Calhoun** for Batavia Veterans.

Volunteer Opportunities

- Adult Day Health Care program – Buffalo
- Clerical – Batavia and Buffalo
- Coffee cart – Buffalo
- Community Living Center support – Batavia and Buffalo
- Computer assistant – Batavia and Buffalo
- DAV Volunteer Transportation program – Batavia and Buffalo
- Emergency Room and Women's Wellness Clinic – Buffalo
- Friendly Visitor Volunteer – Batavia and Buffalo
- Grounds support – Seasonal opportunities - Batavia
- My HealtheVet Assistant – Batavia and Buffalo
- Mailroom – Sorting mail and other duties as needed – Batavia and Buffalo
- Occupational Therapy - Batavia
- Patient Escort/Transport Service – Batavia and Buffalo
- Physical Therapy Service/Outpatient Clinic - Batavia and Buffalo
- Recreational Aide – Batavia and Buffalo
- Reminder phone calls – Nutrition & Food Service – Buffalo
- Veterans Canteen Service - Batavia
- Volunteer Program Office – Special activities & events – Batavia and Buffalo

Wish List

- Art therapy supplies – Buffalo
- Birthday cards – Batavia/Buffalo
- Bus passes (Niagara Frontier Transportation Authority) – Buffalo
- Bread mixes – Batavia/Buffalo
- Canteen books – Batavia
- Comping coupons – Batavia/Buffalo
- DAV Volunteer Transportation Network – Batavia/ Buffalo
- Diabetic socks – Batavia
- DVDs – Buffalo
- Gift cards for Babies"R"Us, Target, Tops, Walmart, and Wegmans - Buffalo
- Gift cards for local restaurants such as Alexi's, TF Browns, Tully's, Pauly's Pizza – Batavia
- Patient activities – Recreation Service – Batavia/ Buffalo
- Phone cards – Batavia/Buffalo
- Rolls of quarters for daily newspapers – Batavia/ Buffalo
- Seasonal admission tickets for Bills, Sabres, other recreational outlets – Batavia/Buffalo
- Snack packs – Batavia/Buffalo
- Stamps/stationery - Buffalo
- Travel dollars/financial support for Veterans in need – Batavia/Buffalo
- Treadmill(s) – Batavia/Buffalo
- Veteran Clothing Room items – combs, diabetic socks, large nail clippers, sweatpants, sweatshirts, t-shirts, men's and women's undergarments (please check sizes needed prior to purchasing) and socks, as well as new clothing – Buffalo
- Welcome kits - personal hygiene items – Batavia/ Buffalo
- Homeless Veterans Program – please call (716) 881-5855 for donation needs. Items can be dropped off at Main Street Buffalo location (New socks and undergarments all sizes, new seasonal clothing for Veterans in need, personal care items, and small/basic apartment appliances)
- Please Note: Before purchasing any item, please contact the Volunteer Program Office to determine that the item has not been already purchased.
- Friendly Reminders: We no longer accept used clothing items. We do not have a need for puzzles and no longer accept VHS tapes. We do not accept magazines dated over three months or hard cover books.
- Batavia (585) 297-1196 Buffalo (716) 862-8672

▶ Western New York Highlights



American Legion 8th District Commander John Long and members presented a holiday wreath for the annual "Wreath Hanging" in Batavia. The **American Legion 8th District** also presented a wreath in Buffalo.



The **Elks** and various other Veterans Service Organizations and community groups gathered for a "Sweet Treat" for Recreation Services - Veterans received a new ice cream machine.

Pictured are **Brian Stiller**, Director; VA Western New York Healthcare System; **AMVETS Buddy Knaus Post #14**; **Ken-Ton Elks Lodge #1494**; **Dunkirk Elks Lodge #922**; **Lancaster Elks Lodge #1478**; **Lockport Elks Lodge #41**; **Niagara Falls Elks Lodge #346**; **North Tonawanda Elks Lodge #860**; **Depew American Legion Post #1528**; **Lancaster AMVETS Post**; **Niagara County Community Department**; **Kenmore American Legion Post #2472**; **Kenmore American Legion Post #205**; **Lockport Marine Devil Dogs**; **Lockport American Legion Post #410**; **Lockport Overseas Vets Club**; **Kenmore Korean War Veterans**; **Mr. & Mrs. Veihdeffer**; **Buffalo Veterans Association**; **NYS West District Elks #6520**.

Tuesday, February 11

Music by Lucille Mary

1:30 p.m.

Friday, February 14

National Salute to Veteran Patients Open House

Freedom Hall, Buffalo Campus, 1:00 p.m.

Community Living Centers Recreational Activity

Batavia Campus, 1:30 p.m.

Monday, February 17

President's Day observed – holiday

Wednesday, March 19

VA Voluntary Service Meeting

Freedom Hall, Buffalo Campus, 1:30 p.m.

Bldg. 4 Auditorium, Batavia Campus, 1:30 p.m.

Wednesday, April 9

National Former POW Recognition Day

Freedom Hall, Buffalo Campus, 1:00 p.m.

National Volunteer Week, April 6 - 12

"Volunteers – We Thank You"

Wednesday, April 16

Buffalo Volunteer Awards Ceremony

Classics V, 12:00 p.m.

Friday, April 18

Batavia Awards Ceremony, Clarion Hotel, 12:00 p.m.



Pictured left to right: **Major Christopher Gresart** from the **Niagara County Salvation Army** presented Assistant Director **Royce Calhoun** a holiday card for the medical center.

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▶ Western New York Highlights



American Legion Hamburg Post 527 received the Bronze Sponsorship Award for their support in the 2013 National Veterans Golden Age Games.



United Auto Workers VA Voluntary Service Representative **Eric Ruppert** presented \$855 to **Mark Francis**, Volunteer Program Manager, from the annual Veterans Day "Gate Receipts" for Batavia Veterans.



Sons of the American Legion Squadron 880 presented a \$2,500 check to **Evange Conley**, Public Affairs Officer, for Buffalo Veterans.



Ladies of the **Veterans of Foreign Wars Private Leonard Post 6251** participated in "Adopt a Family" for the holidays. Pictured left to right: First Vice President **Alice Ciszowski**; VA Voluntary Service Representative **Patricia Marciniak**; Secretary **Kelly Makowski**; Veteran Family Member; **Sharon Shelton**, Volunteer Program Office; and **Georgian Davis**, President.



Orchard Park Veterans of Foreign Wars Post 6247 received the Bronze Sponsorship Award for support with the 2013 National Veterans Golden Age Games.



The West Point Parents Club gathered at Buffalo VA for the annual "Cookies for Veterans" project for Batavia and Buffalo Veterans.

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Albany, NY 12208
(518) 626-5000

Batavia
222 Richmond Avenue
Batavia, NY 14020
(585) 297-1000

Bath
76 Veterans Avenue
Bath, NY 14810
(607) 664-4000

Buffalo
3495 Bailey Avenue
Buffalo, NY 14215
(716) 834-9200

Canandaigua
400 Fort Hill Avenue
Canandaigua, NY 14424
(585) 394-2000
(800) 204-9917

Syracuse
800 Irving Avenue
Syracuse, NY 13210
(315) 425-4400

Community-Based Outpatient Clinics

Auburn
Auburn Memorial Hospital
17 Lansing St.
Auburn, NY 13021
(315) 255-7002

Bainbridge
109 North Main Street
Bainbridge, NY 13733
(607) 967-8590

Binghamton
425 Robinson Street
Binghamton, NY 13901
(607) 772-9100

Catskill
Greene Medical Bldg.
159 Jefferson Heights
Catskill, NY 12414
(518) 943-7515

Clifton Park
1673 Route 9
Clifton Park, NY 12065
(518) 626-5205

**Coudersport Satellite
Clinic of Wellsville**
24 Maple View Lane, Suite 2
Coudersport, PA 16915
(814) 260-9342

Dunkirk
Valor Health Center
166 East 4th Street
Dunkirk, NY 14048
(800) 310-5001

Elmira
Health Services Building
200 Madison Avenue, Suite 2E
Elmira, NY 14901
(877) 845-3247 ext. 44640

Fonda
Camp Mohawk Plaza
2623 State Highway 30A
Fonda, NY 12068
(518) 853-1247

Glens Falls
84 Broad Street
Glens Falls, NY 12801
(518) 798-6066

Jamestown
608 West 3rd Street
Jamestown, NY 14701
(716) 338-1511

Kingston
63 Hurley Avenue
Kingston, NY 12401
(845) 331-8322

Lackawanna
Our Lady of Victory
Family Care Center
227 Ridge Road
Lackawanna, NY 14218
(716) 822-5944

**Springville Satellite
Clinic of Lackawanna**
27 Franklin Street
Springville, NY 14141
(716) 592-7400

Lockport
5883 Snyder Drive
Lockport, NY 14094
(716) 438-3890

Malone
3372 St. Rt. 11, Main Street
Malone, NY 12953
(518) 483-1529

**Mansfield Satellite
Clinic of Elmira**
63 Third Street
Suite 104
Mansfield, PA 16901
(570) 662-0507

Massena
1 Hospital Drive
Massena, NY 13662
(315) 769-4253

Niagara Falls
2201 Pine Avenue
Niagara Falls, NY 14301
(716) 862-8580

Olean
465 North Union Street
Olean, NY 14760
(716) 373-7709

Oswego
437 State Route 104E
Oswego, NY 13126
(315) 207-0120

Plattsburgh
80 Sharron Avenue
Plattsburgh, NY 12901
(518) 561-6247

Rochester
465 Westfall Road
Rochester, NY 14620
(585) 463-2600

Rome
Griffiss Park
125 Brookley Road,
Building 510
Rome, NY 13441
(315) 334-7100

Saranac Lake
33 Depot St.
Saranac Lake, NY 12983
(518) 626-5237

Schenectady
1322 Gerling St.
Sheridan Plaza
Schenectady, NY 12308
(518) 346-3334

Tompkins/Cortland County
1451 Dryden Road
Freeville, NY 13068
(607) 347-4101

Troy
295 River Street
Troy, NY 12180
(518) 274-7707

Watertown
19472 U.S. Route 11
Watertown, NY 13601
(315) 221-7026

Wellsville
3458 Riverside Drive, Route 19
Wellsville, NY 14895
(877) 845-3247 (Bath)

Westport/Elizabethtown
7426 NYS Rte. 9N
Westport, NY 12993
(518) 626-5236

Vet Centers

Albany Vet Center
17 Computer Drive West
Albany, NY 12205
(518) 626-5130

Binghamton Vet Center
53 Chenango Street
Binghamton, NY 13901
(607) 722-2393

Buffalo Vet Center
2372 Sweet Home Road,
Suite 1
Buffalo, NY 14228
(716) 862-7350

Rochester Vet Center
2000 South Winton Road
Building 5, Suite 201
Rochester, NY 14618
(585) 232-5040

Syracuse Vet Center
716 East Washington Street,
Suite 101
Syracuse, NY 13210
(315) 478-7127

Watertown Vet Center
210 Court Street, Suite 20
Watertown, NY 13601
(315) 782-5479

Caregiver Support

1-855-260-3274
For help with caring for a
disabled Veteran
www.caregiver.va.gov

Health Information on the Web
www.myhealth.va.gov

**National Call Center for
Homeless Veterans Hotline**
1-877-4AID-VET
1-877-424-3838

TelCare

1-888-838-7890
24-hour, toll-free medical advice
for enrolled Veterans

Veterans Crisis Line
1-800-273-TALK (8255) press "1"

Veterans Service Contact Center
1-888-823-9656
For information on eligibility, VA
health care benefits, enrollment, or
questions on your billing statement

Women Veterans Call Center

1-888-VA-WOMEN
1-888-829-6636
For information on eligibility,
benefits and health care

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