

Volunteer News...

www.visn2.va.gov

Recognizing the Efforts of VA Volunteers in Upstate New York

Winter 2015

Volunteer drivers needed



see page 10

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Web Site

www.visn2.va.gov/vet/volunteer.asp

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We Want to Hear from You!

If you have any comments, questions,
story ideas, etc. contact:
VISN 2 Public Affairs
VA at Clinton Crossings
919 Westfall Road,
Building B, Suite 115
Rochester, NY 14618
(585) 463-2642
Kathleen.Hider@va.gov



We want to thank our volunteers for another outstanding year in helping us provide care and comfort to our Veterans in upstate New York.

Here are some statistics on how your individual and group efforts impacted VA health care in 2015:

- We had **4,718** regularly scheduled volunteers
- Total number of volunteer hours were **403,224**.
- The total impact of volunteer hours and donations equaled **\$13,135,944.03**.

Please accept my sincere appreciation for the work you do.

I wish you a happy and safe holiday season and New Year.

Sincerely,

Darlene A. DeLancey, M.S.
Interim Network Director



Please provide Voluntary Service your e-mail address if you have not done so already. It will allow us to provide you with volunteer information quickly and efficiently and help us cut down on our mailing cost.

► Albany Highlights



Sgt. **Chris Foti**, of the **Fraternal Order of Police Lodge 35**, in partnership with the **City of Schenectady**, hosted a charity softball game to benefit Veterans. The event raised over \$1,000.00. Voluntary Service staff and volunteers attended the event and manned a recruiting booth.



Town officials and Veteran advocates donated more than \$4,000 to Voluntary Service. The money was raised during the 3rd Annual Golf Tournament hosted at **Brookhaven Golf Club**. The event was organized by **Ed and Marion Nanek**; **Dan Pemrick**, Greenfield Councilman; **Mary Ann Johnson**, Town Clerk; and **Kevin Canale**, Brookhaven Golf Club.



Blue Star Mothers and the 203rd session of the **New York State Police Academy Basic School** teamed up to collect clothing, snacks and other much needed items for Veterans at Albany VA Medical Center. Many of the cadets in this class are Veterans pursuing careers in law enforcement. Even with a busy week and a graduation coming up, this class still made the time to visit Veterans.

Wish List

- Creamer, sugar and artificial sweetener
- Crossword puzzle and word find books (large print)
- Gift cards for Walmart, Price Chopper, Shop-Rite or iTunes
- Shower shoes (all sizes)
- New winter gloves, t-shirts, underwear, sweatpants and sweatshirts (all sizes)

Please contact **Jim Keller** at (518) 626-5506 for more information.

Volunteer Opportunities

- Canteen Service
- Clothing room volunteers
- Companionship program volunteer
- Disabled American Veteran (DAV) van drivers
- Event planner
- Fisher House support
- Lab courier
- No Veteran Dies Alone - Hospice
- Kiosk instruction
- Wheelchair escorts
- Vocational program support
- Voluntary Service office

Please contact **Money Grier** at (518) 626-5507 for the most up-to-date opportunities.

Calendar

Wednesday, November 11

Albany Veterans Day Parade

Starts at 11:11 a.m.

Wednesday, November 11

Veterans Day Ceremony

11:00 a.m., Saratoga VA National Cemetery

Wednesday, December 2

American Legion Auxiliary Holiday Gift Program

9:00 a.m. to 2:00 p.m.

Tuesday, December 8

Director's Holiday Party (Open to all Volunteers)

2:00 p.m., 3rd Floor Auditorium

Thursday, December 24

Operation Jingle Bells, Jewish War Veterans Post 105

3:00 p.m.

► Bath Highlights

Summer Youth Volunteers



Veterans **Jack Hulslander** (left) and **David Kwiatkowski** (right) enjoyed a day out in the sun. The Veterans attended a picnic with a local youth group.



This year the Bath VA opened its grounds to more than 1,000 riders from various organizations to include the **American Legion Riders, Red Cross Ride for the Red, USO/Troop Ride, Pride Ride, Devon Snyder Ride, Jesters Motorcycle Club**, and many other motorcycle enthusiasts. These organizations support Veterans through donations, sponsoring activities, and supporting programs. Many of the riders are Veterans who want to give back.

Wish List

- Bread machine mixes
- Car models
- Coffee
- Gift cards for fast food, Walmart and Tops Market (\$5-\$10)
- Jewelry making supplies/beads
- Plain fleece blankets - twin size
- Stamps
- New sneakers
- Sweatpants and sweatshirts (M, L, XL, 2X, 3X)

Friendly Reminder

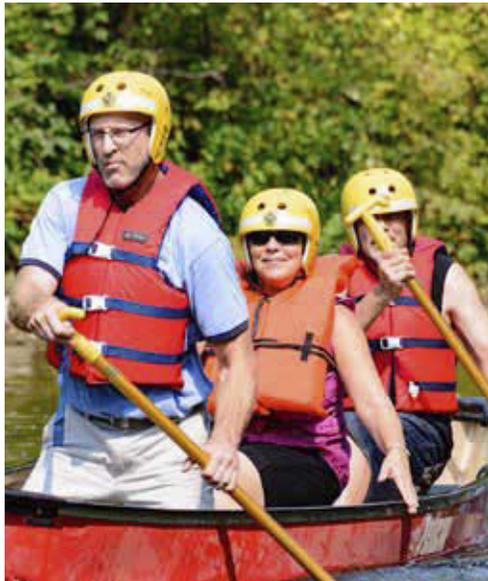
At this time we do not have a need for puzzles, books, VHS tapes or lap robes.

*Homeless Veterans program and Jump Start program need cleaning supplies, toasters, coffee makers, dishes, silverware, new towels, new sheets and pots & pans (can be gently used).

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► Bath Highlights

Veterans enjoying swimming and canoeing



Calendar

Saturday, November 7

Hornell American Legion Auxiliary – Dinner

Sunday, November 8

Campbell Sons of the American Legion Lunch

November 10

Marine Corps Birthday

Cake in the Leisure Room

November 12 & 19

Winter Farmers Market

Leisure Room

Sunday, November 15

Elks Carnival

Saturday, November 21

**Hornell Veterans of Foreign Wars –
Turkey Dinner**

December 4

Elmira Jackals hockey game

Sponsored by the Elks

December 4-7

**American Legion Auxiliary
Holiday Gift Shop**

Saturday, December 12

Wreaths Across America

December 13

Gifts to Yanks

Volunteer Opportunities

- Disabled American Veteran (DAV) drivers
- Kiosk instruction
- Friendly Visitor – visit with Veterans
- Recreational assistance
- Special events

Please contact us if you are interested in volunteering!

► Canandaigua Highlights

Volunteer Opportunities

All volunteers must complete an orientation prior to volunteering. Weekly orientations are held Thursdays in Voluntary Service, Building 7, room 19. Please call **Gina Deck** to schedule an appointment at (585) 393-7761. To schedule an orientation at the Rochester VA Outpatient Clinic please call **Louise Motyka** at (585) 393-7729. Thank you for considering volunteering with the Canandaigua VA Medical Center!

Canandaigua VA/Rochester VA Outpatient Clinic

- Activities - recreational, escorting, visiting, games, cleanup, and reading. Includes evenings, weekends & holidays
- Clerical Assistant - filing, organizing, answering the phone. Days and hours flexible
- Hospice Care – visiting, escorting, prefer Hospice-trained volunteers, but all applicants considered
- Transportation – driving a government vehicle to transport ambulatory Veterans to and from medical appointments. Various locations and times available
- Laundry – weekdays 7:00 a.m. to 3:00 p.m., three or more hour shifts
- Veterans History Project – assist with recording interviews with Veterans to be sent to the Library of Congress
- Wheelchair escorts – various times available to take Veterans in wheelchairs to a variety of locations such as dental clinic, x-ray, canteen, special events or on a stroll around the grounds

Wish List:

- Baking items, granola bars, snack size chips
- Deodorant, shampoo, shaving cream, body lotion, nail clippers
- Forever postage stamps
- Gift cards from Walmart, Wegmans, Tops, Dunkin Donuts, Tim Hortons, iTunes, or prepaid gas cards
- Hats and gloves
- Socks, underwear, sweatshirts, sweatpants (new)
- T-shirts (new)
- Jeans (assorted sizes)
- Paper products (plates, napkins)
- Sneakers, shoe laces
- Tickets to sporting events, zoo, bowling, movies, Bristol Mountain Aerial Adventures and outings
- Winter coats and boots (new)

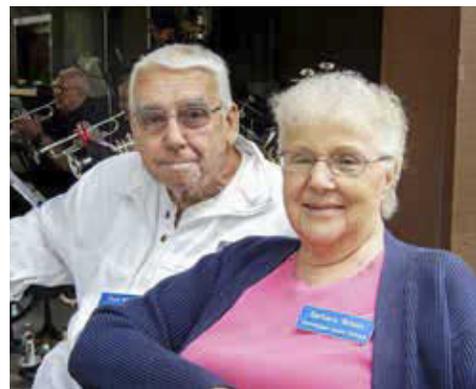
Contact Voluntary Service for more information and for seasonal needs.



On August 14, volunteers **Gabe Cinquegrana** (left) and **John Stiles** (right) perform for residents at the medical center during the Summer Music Jam, hosted by the **Ontario County Sons of the American Legion**.



Volunteers **Bailey Stehler** (left) and **Diane Weaver** (right) take **Leonard Williams**, Veteran, to the local farmers market.



Chuck Wilson, Veteran, and wife **Barbara** enjoyed lunch and musical entertainment provided by the band "Melody Makers." The event was sponsored by the Visually Impaired Services Team.



Volunteers **Donald and Carol Grundke**, welcome Veterans and visitors at the medical center.

► Canandaigua Highlights



On July 19 more than 50 motorcycle riders from the **American Legion** and **Patriot Guard Riders** held an Annual Motorcycle Show in the main courtyard at the Canandaigua VA Medical Center.



Diane Weaver, volunteer, escorts **Larry Castellano**, Veteran, to the farmers market located on the Canandaigua VA grounds.



Michael Swartz, Interim Medical Center Director, presented an award to **Donald Grundke**, a volunteer and chaplain for **Ontario County American Legion**. Mr. Grundke performed CPR rescue on an unresponsive Veteran in the outpatient parking lot his first day serving as a welcome center greeter.



The **American Legion Auxiliary, Unit 396** from Geneva, New York collected gifts and hosted a baby shower for expectant women Veterans in the Women Veterans program. Pictured left to right: **Sherry Calabrese**, Secretary of the **American Legion Auxiliary**; **Robin Johnson**, VA Voluntary Service Manager; **Sandra Wheeler**, Chaplain of the American Legion Auxiliary.



Jim Farnsworth, Harris Foundation, presented a \$5,000 donation to Voluntary Service that was received by **Lisa Hollenbeck**, Public Affairs Specialist, TCF.

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Join our team!

VA Health Care Upstate New York

Why I volunteer...

"I was in Vietnam and Desert Storm. I was lucky to come back without any injuries. These young guys today aren't so lucky. I want to give back to them."

Bill Gleason, Syracuse VA

"Many Veterans are older, have disabilities, cannot drive and are unable to use public transportation. I like taking Veterans to their appointments and driving."

Jeffery Matthews, Rochester VA Outpatient Clinic

"I enjoy spending time with Veterans."

Nick Conrad, Canandaigua VA Medical Center

"I drive because the Veterans deserve our service."

Bob Bly, Bath VA Medical Center

*To become a volunteer driver please contact
your local Voluntary Service office.*



Bob Bly,
Bath VA Medical Center



Jack DeLaney,
Bath VA Medical Center



Nick Conrad, Canandaigua
VA Medical Center



Bob Wheeler,
Bath VA Medical Center



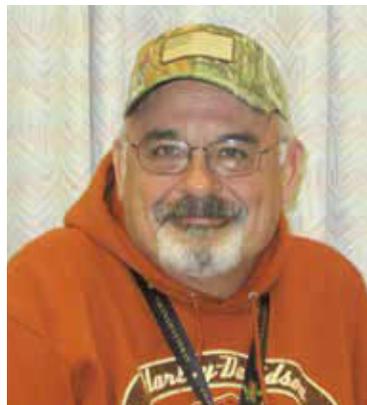
is in need of volunteer drivers



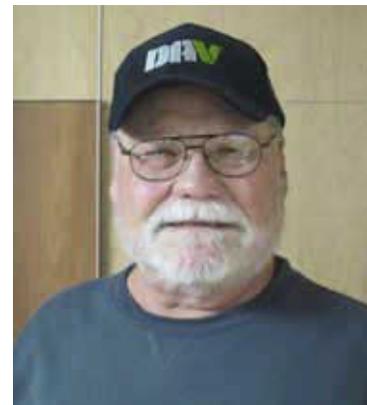
John Stowell, (Barney)
Bath VA Medical Center



Claridge Williams,
Bath VA Medical Center



Doug Titus,
Batavia VA Medical Center



Bob McTighe,
Buffalo VA Medical Center



Doug Stubbs,
Bath VA Medical Center



Jeffery Matthews,
Rochester VA Outpatient
Clinic



Syracuse Disabled American Veteran volunteers



Charles Thomas,
Bath VA Medical Center



Bill Gleason, Syracuse VA
Medical Center



Syracuse Disabled American Veteran volunteers

► Canandaigua Highlights



Disabled American Veterans Chapter 4 donated a new van to the Disabled American Veterans program at Canandaigua VA Medical Center.



Ceilidh Mitchell, youth volunteer in Nutrition and Food Service, and **Jordan Dilcher** (not pictured), youth volunteer in Acquisition & Material Management were recognized for 100 hours of service during Youth Volunteer Recognition Day. Left to right: **Robin Johnson**, Voluntary Service Manager, **Ceilidh Mitchell**, youth volunteer and **Gina Deck**, Voluntary Services Specialist.

Calendar

**Second Monday of each month
(January – December)**

Bee Keepers Association Meeting

7:00 p.m.

**Third Monday of each month
(January – December)**

Canandaigua Lake Trout Unlimited Meeting

7:30 p.m.

**Fourth Tuesday of each month
(January – May)**

(September – November)

Project Healing Waters Clinic

7:00 p.m.

**Fourth Wednesday of each
month**

R/C Model Flying Club

6:00 p.m.

*** Friday, November 6**
Bingo

7:00 p.m., Auditorium

*** Wednesday, November 11**

**Veterans Day Observance/
Missing Man Ceremony**

Sponsored by Knights of Columbus
10:00 a.m., Auditorium

Wednesday, November 11

Veterans Day Cakes

Facility Wide

November 18

American Legion Auxiliary Gift Shop

American Legion Ely Fagan Post
10:00 a.m. - 1:00 p.m.

*** Sunday, November 22**

American Legion Auxiliary Gift Shop

10:00 a.m. - 3:00 p.m.

*** Monday, November 23**

American Legion Auxiliary Gift Shop

10:00 a.m. - 3:00 p.m.

*** Monday, December 7**

Pearl Harbor Day Remembrance

1:30 p.m., Auditorium

Sunday, December 13

**Gift Distribution, Benevolent and
Protective Order of Elks**

Voluntary Service - 1:00 p.m.

Wednesday, December 23

VA Voluntary Service Holiday

Gift Distribution

12:30 p.m., Auditorium

*** Tuesday, January 12, 2016**

Dr. Martin Luther King Service

1:30 p.m., Auditorium

Catholic Mass is held Monday, Tuesday and Friday in the Catholic Chapel in Building 3 at 11:00 a.m. and Sunday in Building 8B at 6:30 p.m.

Protestant Services are held on Sundays starting at 9:10 a.m. on 8B and 10:30 a.m. on 7B.

Please contact Chaplain Service at (585) 393-7886 for more information.

***Escorts Needed**

Escorts are needed 45 minutes prior to events to take Veterans to the Auditorium and/or Pavilion. Without your assistance, many of the Veterans may not be able to participate.

► Syracuse Highlights

Annual Volunteer Recognition Event

On October 16, 2015, the Syracuse VA honored more than 1,000 VA volunteers with awards and hour pins. If you believe you are due for a pin that recognizes your volunteer time, please send us an e-mail at vhasyrvavsoffice@va.gov. We will make sure you get your pin. As always, thank you for everything you do for the Veterans and the medical center.



Left to right: Volunteers **Lois** and **Don Evans**; **Yin Chen** and **Jay Sotherden**, volunteers from **Eaton Crouse Hinds**; and **Dennis Fogg**, Voluntary Service Manager.



Girl Scouts took time to visit with Veterans during VA Summer of Service.

Wish List

- Veterans coffee program
- African-American hair products
- Black 7" men's pocket combs
- White diabetic socks
- Body wash (travel size)



Throughout the year, the Syracuse VA has had many individual and organization donors. It would be impossible to list them all but we would like to take this opportunity to thank everyone for their help and support!

► Syracuse Highlights



On October 5, 2015, the **New York State Veterans of Foreign Wars Auxiliary** presented a donation to the medical center. Left to right: **Jackie Herbert, New York State Veterans of Foreign Wars Auxiliary President;** **Dennis Fogg, Syracuse VA Voluntary Service Manager,** and **Francisca Guilford, National Veterans of Foreign Wars Auxiliary President.**



Calendar

Friday, November 6

Disabled American Veterans Chapter 8

Bingo

Saturday, November 7

American Legion Auxiliary

Turkey Luncheon

Sunday, November 8

Oswego County Council

Bingo

Monday, November 9,

Phoenix High School

Student Visit/Donation of Personal Care Items

Tuesday, November 10

Bristol Myers Home of the Brave

2nd Annual Luncheon

Wednesday, November 11

Benevolent & Protective Order of the Elks

Veterans Day Music & Pizza

Monday, November 16

VA Voluntary Service Quarterly Meeting

Friday, November 20

Sentimental Serenades

Holiday Show

Sunday, November 22

Veterans of Foreign Wars Auxiliary

Thanksgiving Luncheon

Thursday, November 26

Masonic War Veterans

Gift Distribution

December 6 - 8

American Legion Auxiliary

Gift Shop

Tuesday, December 15

Veterans of Foreign Wars & Auxiliary

Dinner

Thursday, December 17

American Legion

Holiday Bingo

Saturday, December 19

Disabled American Veterans

Holiday Party

Monday, December 20

Veterans of Foreign Wars Auxiliary

Christmas Luncheon

Friday, December 25

American Legion

Gift Distribution

December 6 and 18

Benevolent & Protective Order of the Elks

Holiday Dinners

Volunteer Opportunities

Volunteer opportunities change daily as positions are opened and filled. We are currently recruiting for the following programs:

- Recreation Therapy
- Greeter Program
- Disabled American Van drivers

Voluntary Service orientation takes place every Monday and Wednesday at 10:00 a.m. Orientation is mandatory for all volunteers. Please contact us at vhasyrvavsoffice@va.gov to schedule an appointment as space is limited.

► Western New York Highlights

Volunteer Opportunities

There are many volunteer opportunities available at the Buffalo and Batavia VAs. Volunteer opportunities include volunteering in the Adult Day Health Care Program, Canteen Service, Emergency Room, Women's Wellness Clinic, providing computer assistance, grounds support, and much more. Please contact us if you are interested in volunteering.



The Women's Center for Hope received a \$750 donation. Left to right: **David Ramsey**, Nurse Manager; **Carl Boyle**, Voluntary Service representative; **Dr. Courtney Forbes**, Psychologist.



Left to right: **Anne Baglio** American Legion Auxiliary 8th District; **Vi Brosart**, Past Unit President; **Cheryl Seaton Kollander**, Past Department President; **Karyn Poremski**, Past Unit President.

Calendar

Tuesday, November 10

Veterans Day Ceremony

1:00 p.m., Buffalo Campus, Freedom Hall

Wednesday, November 11

Veterans Day Observance

10:00 a.m., Batavia Campus

Wednesday, November 18

VA Voluntary Service Meeting

Buffalo Campus, Freedom Hall - 11:30 a.m. Luncheon and 1:30 p.m. Meeting

Sunday, November 22

Homeless Program Thanksgiving Dinner

11:00 a.m., Buffalo Campus, Ground Floor, Food Court

Thursday, November 26

Thanksgiving Day Observed

Sunday, December 6

American Legion 8th District Wreath Hanging Presentation

10:00 a.m., Batavia Campus, Building 1 Main Lobby

Tuesday, December 8

American Legion Auxiliary 8th District Gift Shop

9:00 a.m., Batavia Campus, Building 4 Auditorium

Wednesday, December 9

American Legion Auxiliary 8th District Gift Shop

9:00 a.m., Buffalo Campus, Volunteer Lounge, Room 101C

Wednesday, December 16

VA Voluntary Service Gift Bag Packing, 11:00 a.m.

VA Voluntary Service Representative(s) Meeting, 1:00 p.m.
Batavia Campus, Building 4 Auditorium

Friday, December 25

Christmas Day Gift Distribution

10:00 a.m., Batavia Campus, Building 1 Main Lobby

Friday, January 1

New Year's Day Observed

Monday, January 18

Dr. Martin Luther King, Jr. Day Observed

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► Western New York Highlights



The **American Legion Grand Island Post 1346** donated \$5,000 to the medical center for emergency room televisions. Left to right: **Joseph Synakowski**, Judge Advocate; **Raymond DeGlopper**, 1st Vice Commander; **Jason Petti**, former Associate Director VA Western New York Healthcare System; **Rick Schmitz**, Commander; **Fred Wornick**, Past Post Commander; and **Bo Pikas**, Service Officer.



On June 14 the medical center held a Flag Day Ceremony. Attendees included the **WNY Veterans Support Motorcycle Group "75+ strong"**, Community Living Center Veterans, and the **St. Joe's Brass Ensemble**.



The **Audie J. Mincer Foundation** donated \$2,000 to the PTSD program. Left to right: **Harry Mincer**, Foundation Chairman; **Matthew Ryan**, Social Work Associate; and **David Ramsey**, Nurse Manager; **Mark Eldridge**, Foundation President.



The **American Legion Auxiliary Wheatfield & Military Order of the Purple Heart (MOPH) Niagara Falls** donated \$1,500 to the Homeless Veterans program. Left to right: **Donald Buckley**, MOPH Post 264 member; **Ronald Krul**, MOPH Post 264 member; **Brian Stiller**, Director VA Western New York Healthcare System; **Michael Targon**, MOPH Chapter 264 Commander; **Chris LaVigne**, President, ALA Unit 1451; **Mary Civileto**, 1st Vice Chair, ALA Unit 1451; **Terry Patch**, Treasurer, MOPH Chapter 264; **Kristen Weese**, Homeless Program Manager.



The **Disabled American Veterans Jamestown Chapter 47** donated \$2,000 to the medical center.

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► Western New York Highlights



Marine Corps League Department of New York and **Conrad F. Kania Detachment, Tonawanda** donated \$666 to be used for Batavia and Buffalo Veterans. Left to right: **Earl Herrington**, Vice-Commandant, Department of NY, West; **Brian Stiller**, Director VA Western New York Healthcare System; **George Brock**, Judge Advocate; and **Henry Gornicki**, Adjutant.



The **Fr. Joseph Moreno, Jr. Memorial Foundation** donated \$425 to the No One Dies Alone program. Left to right: **Mark Francis**, Voluntary Service Manager; **Christina Moreno**, Vice President of the foundation; **Susan Moreno**, President of the foundation; **Joseph Moreno, Sr.**; and **Brian Stiller**, Director VA Western New York Healthcare System.

Wish List

- Art therapy supplies – Buffalo
- Birthday cards – Batavia/Buffalo
- Bus passes (Niagara Frontier Transportation Authority) – Buffalo
- Bread mixes – Batavia/Buffalo
- Canteen books – Batavia
- Comping coupons – Batavia/Buffalo
- DAV Volunteer Transportation Network – Batavia/ Buffalo
- Diabetic socks – Batavia
- DVDs – Buffalo
- Gift cards for Babies“R”Us, Target, Tops, Walmart, and Wegmans - Buffalo
- Gift cards for local restaurants such as Alexi’s, TF Browns, Tully’s, Pauly’s Pizza – Batavia
- Patient activities – Batavia/Buffalo
- Phone cards – Batavia/Buffalo
- Rolls of quarters for daily newspapers – Batavia/ Buffalo
- Seasonal admission tickets for the Buffalo Bills, Buffalo Sabres, and other recreational outlets – Batavia/Buffalo
- Snack packs – Batavia/Buffalo
- Stamps/stationery - Buffalo
- Travel dollars/financial support for Veterans in need – Batavia/Buffalo
- Treadmill(s) – Batavia/Buffalo
- Veteran clothing items – combs, diabetic socks, large nail clippers, sweatpants, sweatshirts, t-shirts, men’s and women’s undergarments (please check sizes needed prior to purchasing) and socks, as well as new clothing – Buffalo
- Welcome kits, personal hygiene items – Batavia/ Buffalo

Homeless Veterans Program

Please call **(716) 881-5855** for donation needs. Items can be dropped off at the Buffalo VA (new socks and undergarments all sizes, new seasonal clothing for Veterans in need, personal care items, and small/basic apartment appliances).

Please Note: Before purchasing any item, please contact the Volunteer Program Office to determine that the item has not been already purchased.

Friendly Reminders: We no longer have a need for used clothing, puzzles, VHS tapes, hard cover books, and magazines (dated over three months).

Batavia (585) 297-1196 ■ Buffalo (716) 862-8672

VA Health Care Upstate New York
 VISN 2 Public Affairs
 VA at Clinton Crossings
 919 Westfall Rd., Bldg. B, Suite 115
 Rochester, NY 14618

OFFICIAL BUSINESS

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 Bath, NY 14810

RETURN SERVICE REQUESTED

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VA Medical Centers

Albany
 113 Holland Avenue
 Albany, NY 12208
 (518) 626-5000

Batavia
 222 Richmond Avenue
 Batavia, NY 14020
 (585) 297-1000

Bath
 76 Veterans Avenue
 Bath, NY 14810
 (607) 664-4000

Buffalo
 3495 Bailey Avenue
 Buffalo, NY 14215
 (716) 834-9200

Canandaigua
 400 Fort Hill Avenue
 Canandaigua, NY 14424
 (585) 394-2000
 (800) 204-9917

Syracuse
 800 Irving Avenue
 Syracuse, NY 13210
 (315) 425-4400

Community-Based Outpatient Clinics

Auburn
 Auburn Memorial Hospital
 17 Lansing St.
 Auburn, NY 13021
 (315) 255-7002

Bainbridge
 109 North Main Street
 Bainbridge, NY 13733
 (607) 967-8590

Binghamton
 425 Robinson Street
 Binghamton, NY 13901
 (607) 772-9100

Catskill
 Greene Medical Bldg.
 159 Jefferson Heights
 Catskill, NY 12414
 (518) 943-7515

Clifton Park
 1673 Route 9
 Clifton Park, NY 12065
 (518) 626-5205

**Coudersport Satellite
Clinic of Wellsville**
 24 Maple View Lane, Suite 2
 Coudersport, PA 16915
 (607) 664-4670 or
 1-(877) 845-3247 Ext. 44670

Dunkirk
 Valor Health Center
 166 East 4th Street
 Dunkirk, NY 14048
 (800) 310-5001

Elmira
 Health Services Building
 200 Madison Avenue, Suite 2E
 Elmira, NY 14901
 (877) 845-3247 ext. 44640

Fonda
 Camp Mohawk Plaza
 2623 State Highway 30A
 Fonda, NY 12068
 (518) 853-1247

Glens Falls
 84 Broad Street
 Glens Falls, NY 12801
 (518) 798-6066

Jamestown
 608 West 3rd Street
 Jamestown, NY 14701
 (716) 338-1511

Kingston
 324 Plaza Road
 Kingston, NY 12401
 (845) 331-8322

Lackawanna
 1234 Abbott Road
 Lackawanna, NY 14218
 (716) 821-7815

**Springville Satellite
Clinic of Lackawanna**
 15 Commerce Drive
 Springville, NY 14141
 (877) 332-0087

Lockport
 5883 Snyder Drive
 Lockport, NY 14094
 (716) 438-3890

Massena
 6100 St. Lawrence Centre
 Massena, NY 13662
 (315) 705-6675

Niagara Falls
 2201 Pine Avenue
 Niagara Falls, NY 14301
 (716) 862-8580

Olean
 465 North Union Street
 Olean, NY 14760
 (716) 373-7709

Oswego
 437 State Route 104E
 Oswego, NY 13126
 (315) 207-0120

Plattsburgh
 80 Sharron Avenue
 Plattsburgh, NY 12901
 (518) 561-6247

Rochester
 465 Westfall Road
 Rochester, NY 14620
 (585) 463-2600

Rochester-Clinton Crossing
 919 Westfall Road
 Rochester, NY 14618
 (585) 463-2600

Rochester-Mt. Hope
 1867 Mt. Hope Avenue
 Rochester, NY 14620
 (585) 463-2600

Rome
 Griffiss Park
 125 Brookley Road
 Building 510
 Rome, NY 13441
 (315) 334-7100

Saranac Lake
 33 Depot St.
 Saranac Lake, NY 12983
 (518) 626-5237

Schenectady
 1322 Gerling St.
 Sheridan Plaza
 Schenectady, NY 12308
 (518) 346-3334

Tompkins/Cortland County
 1451 Dryden Road
 Freeville, NY 13068
 (607) 347-4101

Troy
 295 River Street
 Troy, NY 12180
 (518) 274-7707

Watertown
 144 Eastern Blvd.
 Watertown, NY 13601
 (315) 221-7026

Wellsboro
 1835 Shumway Hill Road
 Wellsboro, PA 16901
 (607) 664-4680
 1-(877) 845-3247 Ext. 44678

Wellsville
 3458 Riverside Drive, Route 19
 Wellsville, NY 14895
 1-(877) 845-3247 (Bath)

Westport/Elizabethtown
 7426 NYS Rte. 9N
 Westport, NY 12993
 (518) 626-5236

Vet Centers
Albany Vet Center
 17 Computer Drive West
 Albany, NY 12205
 (518) 626-5130

Binghamton Vet Center
 53 Chenango Street
 Binghamton, NY 13901
 (607) 722-2393

Buffalo Vet Center
 2372 Sweet Home Road, Suite 1
 Buffalo, NY 14228
 (716) 862-7350

Rochester Vet Center
 2000 South Winton Road
 Building 5, Suite 201
 Rochester, NY 14618
 (585) 232-5040

Syracuse Vet Center
 109 Pine Street, Suite 101
 Syracuse, NY 13210
 (315) 478-7127

Watertown Vet Center
 210 Court Street, Suite 20
 Watertown, NY 13601
 (315) 782-5479

National Cemeteries

Bath
 76 Veterans Avenue
 San Juan Avenue
 Bath, NY 14810
 (607) 664-4853/4806

Saratoga
 200 Duell Road
 Schuylerville, NY 12871
 (518) 581-9128

Woodlawn
 1825 Davis Street
 Elmira, NY 14901
 (607) 732-5411

Caregiver Support 1-855-260-3274

For help with caring for a disabled Veteran
www.caregiver.va.gov

Health Information on the Web www.myhealth.va.gov

National Call Center for Homeless Veterans Hotline
1-877-4AID-VET
1-877-424-3838

TelCare 1-888-838-7890

24-hour, toll-free medical advice for enrolled Veterans

Veterans Crisis Line

1-800-273-8255, press 1
 Chat online at www.VeteransCrisisLine.net/Chat or text to **838255** any-time for free and confidential support

Veterans Service Contact Center 1-888-823-9656

For information on eligibility, health care benefits, or billing questions

Women Veterans Call Center 1-888-VA-WOMEN

1-888-829-6636
 For information on eligibility, benefits and health care

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